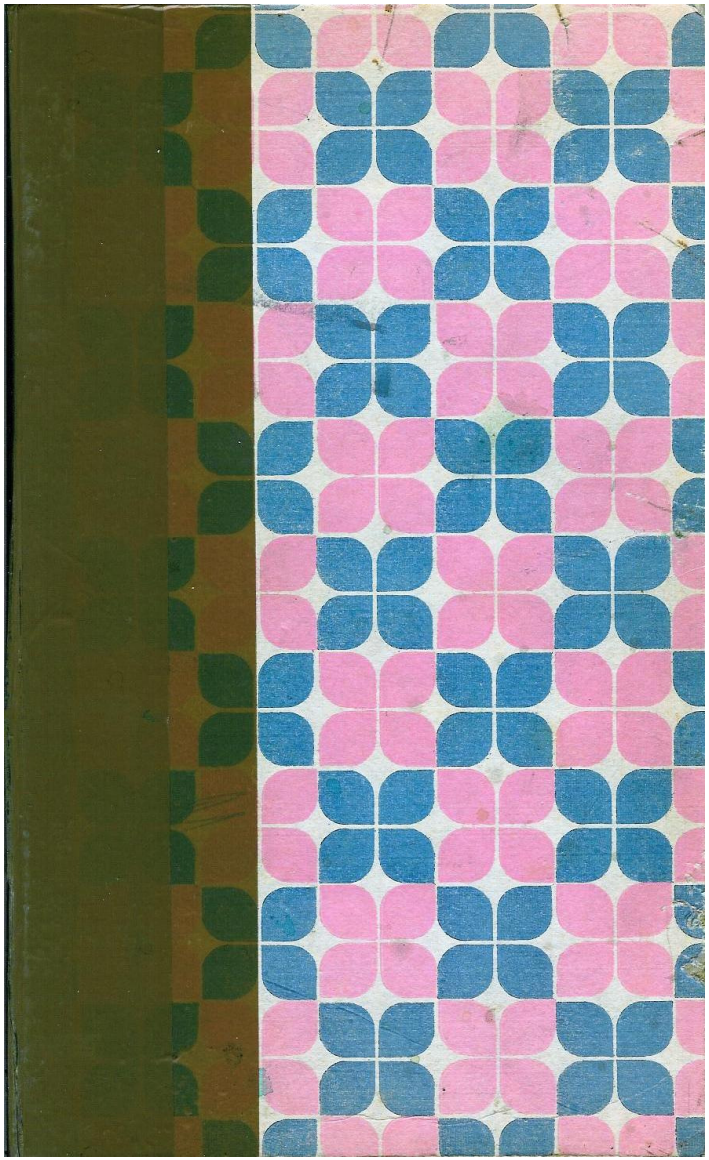
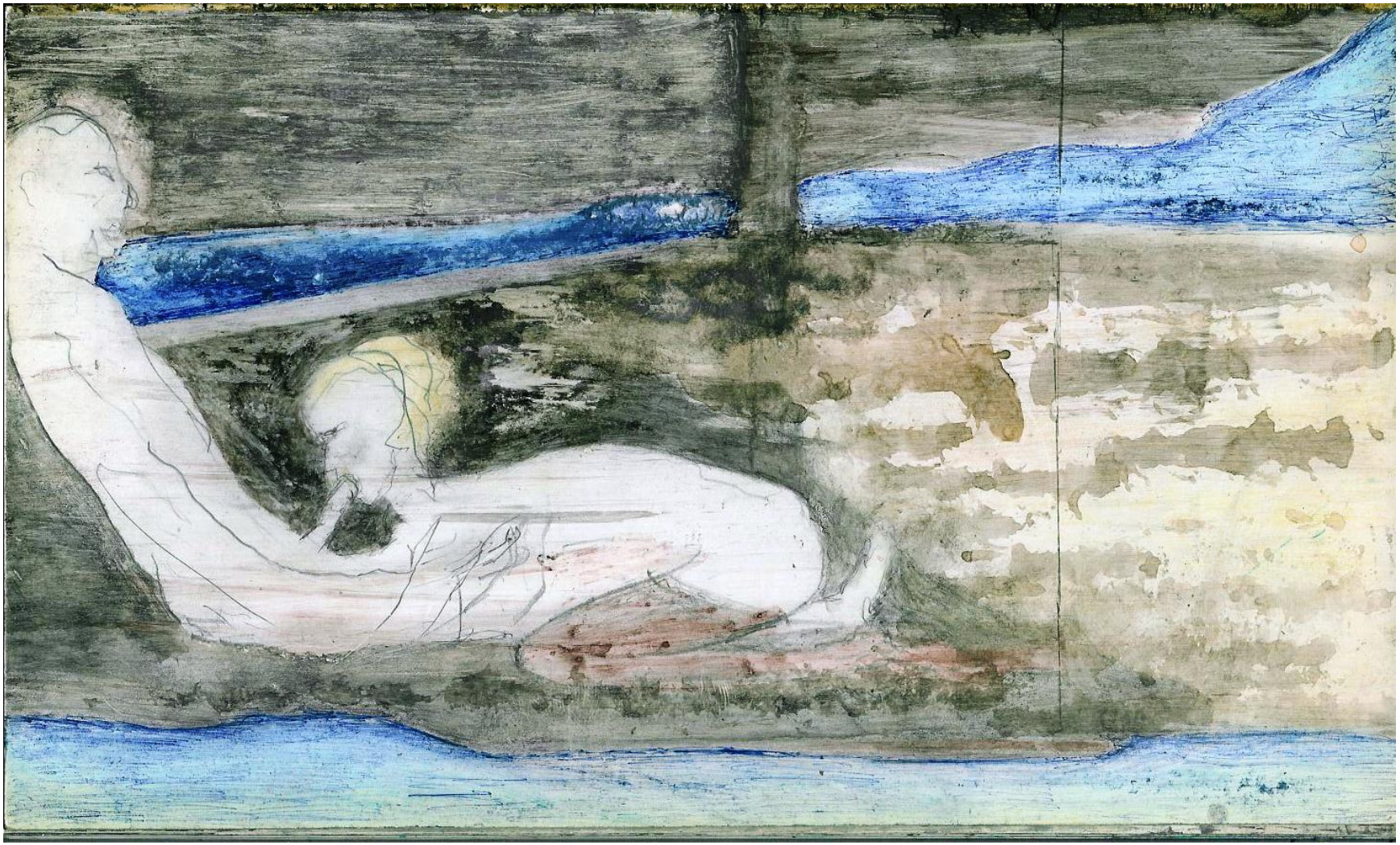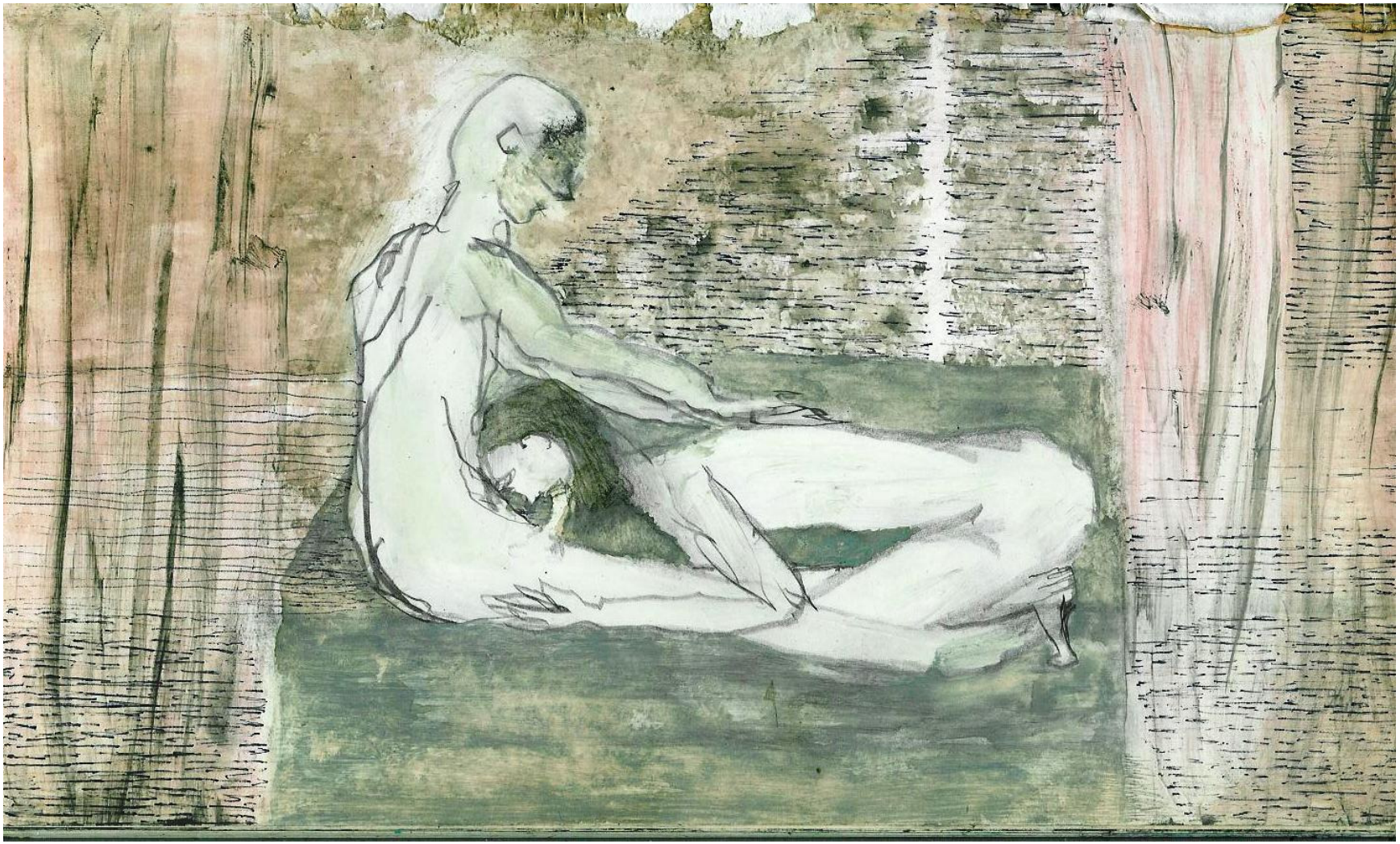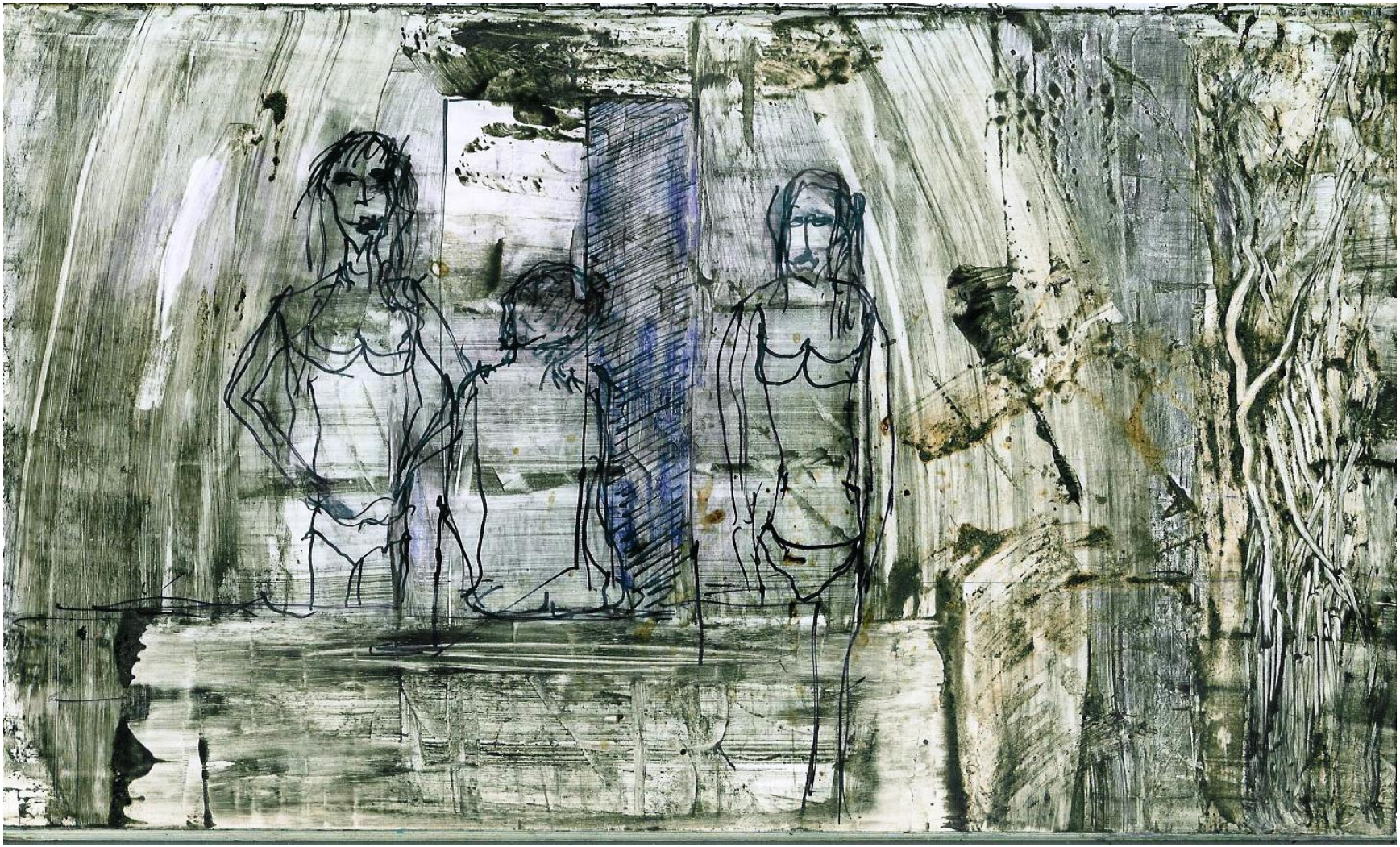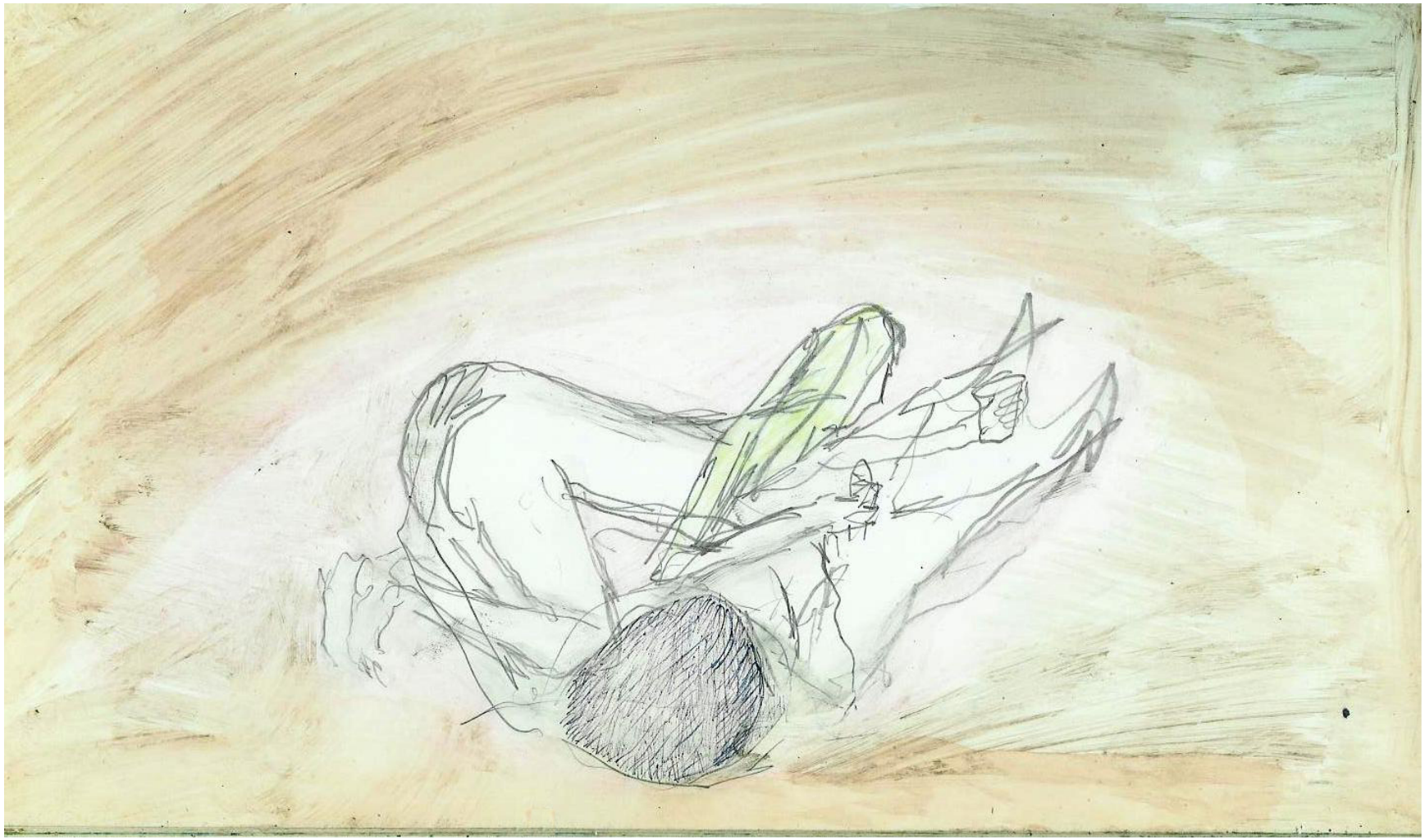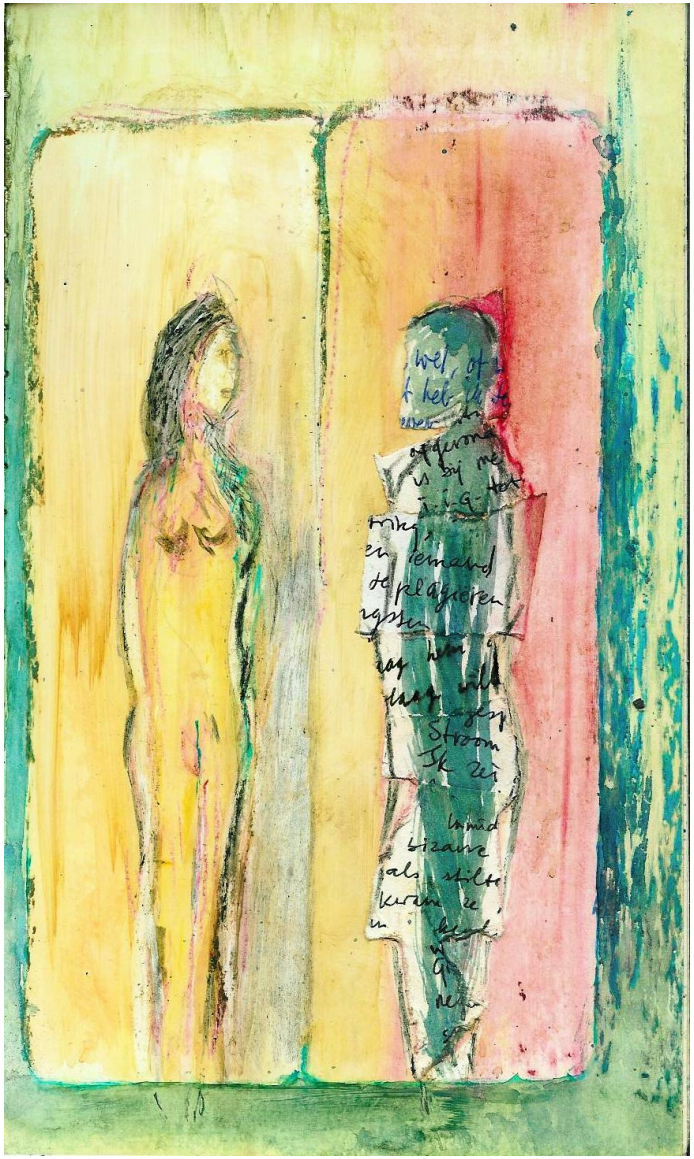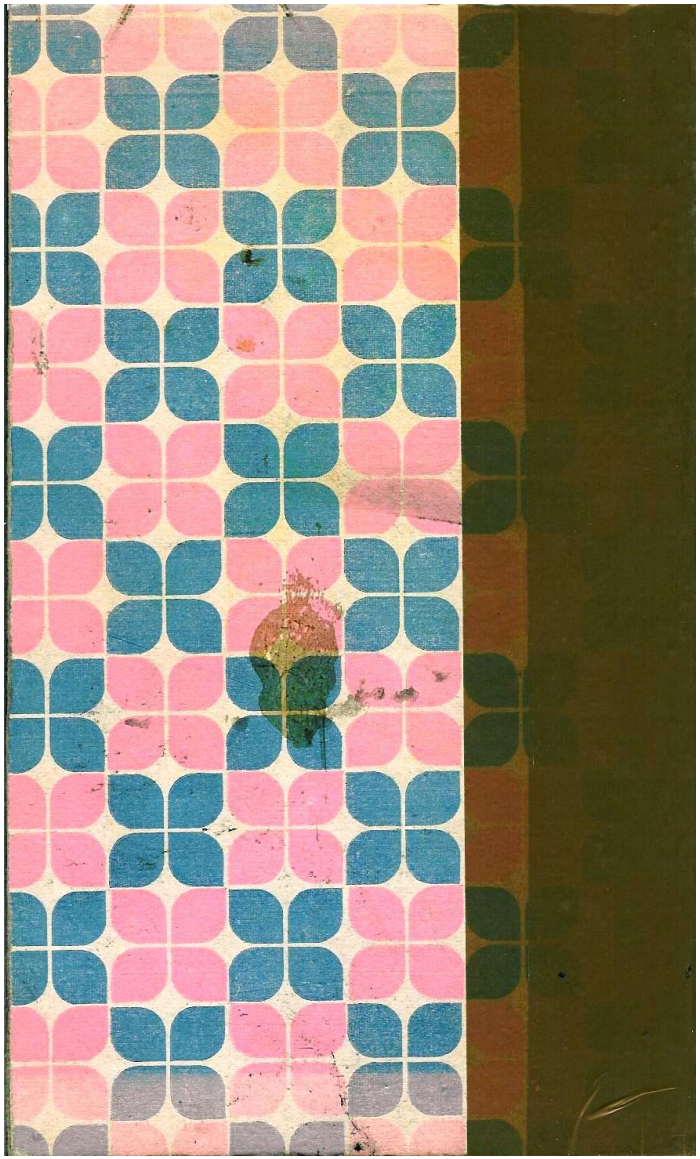
THE BOOK OF THE LUL aka The Book of Shame